

RESUME

Karen Radtke

7505 Kinnikinnick Dr.
Roscoe, IL 61073
H: (815) 623-7271
C: (815) 985-7283
Kradtke7505@gmail.com

PROFESSIONAL EDUCATION

- May 1986 University of North Dakota, Grand Forks, North Dakota
MS Degree--Nursing, Adult Health
- Feb. 1979 College of St. Scholastica, Duluth, Minnesota
BA Degree—Nursing
- May 1974 Valparaiso University, Valparaiso, Indiana
BA Degree—Biology

PROFESSIONAL EMPLOYMENT

- 2017-present Owner/director—Integrated Health Solutions
- 2010-2017 Nurse Practitioner—Inspira Health, Rockford, IL
- 2009-2010 Nurse Practitioner – Rockford Health System (Roscoe clinic)
- 2000-2009 Nurse Practitioner – Mercy Sharon Medical Center
Sharon, WI
- 1997-2000 Nurse Practitioner – Roscoe-Rockton and Sharon Medical Centers,
Beloit Memorial Hospital, Beloit, WI
- 1999-2000 Part-time Faculty – Seeds & Bridges, Holistic Nursing Education
Northampton, MA
- 1997-1998 Certification Reviewer, American Holistic Nurses Association
Flagstaff, AZ
- 1995-1997 Nurse Practitioner with OSF Medical Group
Rockford Family Practice, Rockford, IL

- 1990-1995 Assistant Professor of Nursing
St. Anthony College of Nursing, Rockford, IL
- Summers Camp Nurse
1995, 1994, 1988 Concordia International Language Village, Moorhead, MN
- 1988-1989 Assistant Professor of Nursing
St. Mary's Campus of the College of St. Catherine, Minneapolis, MN
- 1986-1988 Assistant Professor of Nursing, Tri-College University
Fargo, ND and Moorhead, MN
- 1983-1986 Instructor of Nursing
School of Nursing, St. Lukes Hospital, Fargo, ND
- 1980-1983 Clinical Instructor of Nursing
College of St. Scholastica, Duluth, MN

PROFESSIONAL ORGANIZATION MEMBERSHIP/ACTIVITIES

Certified Health and Wellness Nurse Coach, 2017
 Certified Intrinsic Coach, Intrinsic Solutions International, 2015
 Certified as Holistic Nurse, American Holistic Nurses Association, 1995-present
 Certified as an Adult Nurse Practitioner, American Nurses Association, 1986
 American Holistic Nurses Association member and networker, 1988-present
 Sigma Theta Tau, Eta Upsilon member, 1987-1995

PROFESSIONAL PRESENTATIONS/PUBLICATIONS

“Exercise Compliance in Cardiac Rehabilitation,” published in
Rehabilitation Nursing, July-August. 1989 issue

“Acupuncture to Zinc: An overview of Alternative Therapies,” presented
 At Ro-Ro Expo, March, 1998

“Holistic Care in a Clinic Setting,” presented at the American Holistic
 Nurses Association Conference, June, 2006

“Sustainable Holistic Self-Care,” presented at the Regional American Holistic
 Nurses Conference, November, 2016

